

(Monroe Journeys – April 2021)

## THE FASCINATING WORLD OF LUCID DREAMING



### *Lucid Dreaming Experts Thomas Hasenberger And Luigi Sciambarella*

Lucid dreaming experts Thomas Hasenberger and Luigi Sciambarella created and train both of Monroe's Lucid Dreaming online and residential courses. They teach you tools and provide specific audio exercises designed to initiate and support the lucid dream state, allowing you to play and explore!

Watch the video: (See the links in the Details section below)